

Discipline Through Rose Coloured Glasses



Presented by Resource Teachers

A training session for **parents** with children 0-6 years of age. This hands-on series is based on principles of “**Reframing Discipline**”. You will learn techniques to

- Build stronger relationships with your child
- Reduce discipline problems with your child
- Build your child’s self esteem

You must attend all 4 sessions to get a certificate. Each unit builds on what is learned in the previous unit. The units are

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|---------------------------------|-----------------------|-------------------------|
| 1. Laying the Foundation | April 14, 2010 | 6:30 – 8:30 p.m. |
| 2. Connecting and Acknowledging | April 21, 2010 | 6:30 – 8:00 p.m. |
| 3. Developing an Understanding | April 28, 2010 | 6:30 – 8:00 p.m. |
| 4. Putting it all together | May 5, 2010 | 6:30 – 8:30 p.m. |

Where Lansdowne Children’s Centre, 39 Mount Pleasant St.
Brantford, ON N3T 1S7

You must register by April 7, 2010

Contact: Kathryn Aulsebrook at **519-753-3153 ext. 201** or
kaulsebrook@lansdownecc.com

(Minimum 10 participants, Maximum 30 participants)

No child care provided – parents only please